



Form L Registered Thai Therapist Client Log

Practitioner name	<input type="text"/>	page	<input type="text"/>	of	<input type="text"/>
--------------------------	----------------------	------	----------------------	----	----------------------

date (d-m-y)	<input type="text"/>	client name	<input type="text"/>	total session time	1:45
<i>Session notes</i>					
<i>Good session, very flowing. Supine, prone and seated position. I sensed that her mid-section was blocked, so I worked there a lot in all positions, compressions, spinal twists, cobras, and line work. I worked the hips with pulls and suspensions, stomach and back compressions. The rest of the session was a normal sequence.</i>					

date (d-m-y)	<input type="text"/>	client name	<input type="text"/>	total session time	2:00
<i>Session notes</i>					
<i>Supine and seated position. After 2 years he returned because he recently stopped smoking and wants some reinforcement to remain smoke-free. Used one hot herbal compress especially on the chest and stomach and throat, and applied Tiger Balm on the chest area. He coughed phlegm several times into a tissue. Lateral leg lines were blocked, worked them with feet. Shoulder and neck work in seated position, and face and head in final supine position. In the future, continue to use hot herbal compresses to help clear the lungs !</i>					

date (d-m-y)	<input type="text"/>	client name	<input type="text"/>	total session time	1:50
<i>session notes</i>					
<i>Three months pregnant, so I worked mostly in side position, with extra pillows. Avoided pressure points in feet, ankles and head. No blood stops. Her lateral legs were blocked, especially the right side, but she opened up with compressions on her calves and thighs, and she said she liked that very much (do it again in the future). Did light stomach massage only, very little pressure. Worked sen kalathari and sumana down the center of the back of legs. Did some gentle back openings in side position. Worked her head and face and neck with large pillows to support her in semi- seated position. A good session.</i>					

date (d-m-y)	<input type="text"/>	client name	<input type="text"/>	total session time	1:30
<i>session notes</i>					
<i>Knee problems, right ALC injury. Low energy due to menopause. Worked in all 4 positions, focused on low and middle back, shoulders, hips and neck, all of which seemed very tight. After the session she felt stretched and open. After the session, I shared some yoga poses wit her that she can use to keep her hips and groin more open.</i>					

date (d-m-y)	<input type="text"/>	client name	<input type="text"/>	total session time	1:40
<i>session notes</i>					
<i>Mysterious pain in the shoulder, left side. Osteo-arthritis in right hip, severe pain so be gentle with direct contact and compressions. Worked in all 4 positions, spent time on her feet (one at a time) and worked her leg lines with palms and then thumbs. All techniques on the hip required a slow, careful approach, used several pillows to prop her up in seated position, and to be sensitive to her right side in general. She said she felt significant pain relief in her hip and she wants to continue to receive Thai. It felt great to see how my work helped her in a such a significant way. Next time, take more time to examine and prevent occurrence of pain in right side, especially near hip pain..</i>					